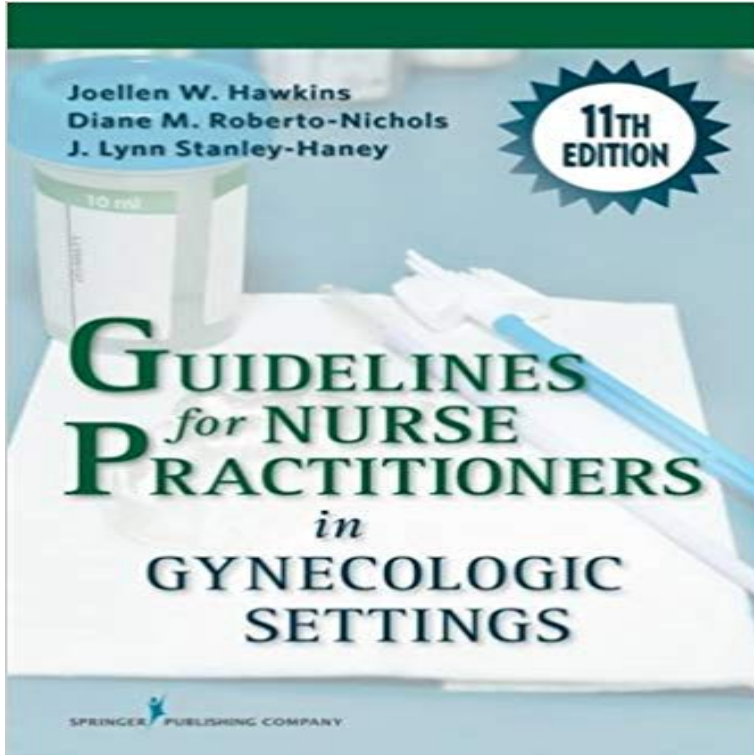


# Guidelines for Nurse Practitioners in Gynecologic Settings, 11th Edition



A one-stop comprehensive guide to women's health, updated with new evidence-based guidelines and timely topics. The 11th edition of this classic guide for assessment and management of common gynecologic conditions by advanced practice nurses is updated with cutting-edge topics, new evidence-based guidelines, and current patient teaching materials to enhance excellence in clinical practice. This edition features a completely updated chapter on the well-woman annual exam, including issues about the care of older women, and extensive revisions throughout regarding contraceptive methods, CAMs, medical abortion, HIV/AIDS, HPV screening and vaccine recommendations, and much more. Guidelines reflect best-practice standards of care culled from literature on evidence-based practice that help ensure improved patient outcomes. Expert contributors include prominent specialists from all areas of gynecologic health. Complete guidelines are presented in a format that includes definition, etiology, history, physical exam, laboratory exam, differential diagnosis, treatment, complications, consultation/referral, and follow-up. New to the 11th Edition: Enhanced mental health chapter detailing the discontinuation of SSRIs/SNRIs; Guidelines for management of cytological abnormalities and cervical intraepithelial neoplasia; New information on menopause and osteoporosis; Updated information on contraception based on patients' individual profiles and clinical data; Revised information on natural family planning from an expert educator; New data on the long-term effects of hormone replacement therapy; Additional data-based evidence on over-the-counter remedies and nonprescription supplements; New data on screenings for breast cancer; New Pap smear guidelines across the life span; Physical assessment of pelvic floor.

integrity and dysfunction Helpful techniques for difficult examinations Information on lesbian, bisexual, and transgender health concerns Key Features: Reflects best-practice standards of care empirically demonstrated to improve patient outcomes Presents guidelines in a concise, consistent outline format to ensure quick and easy access to clinical information Written by a highly respected and experienced team of authors Provides valuable patient teaching information, also available online

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