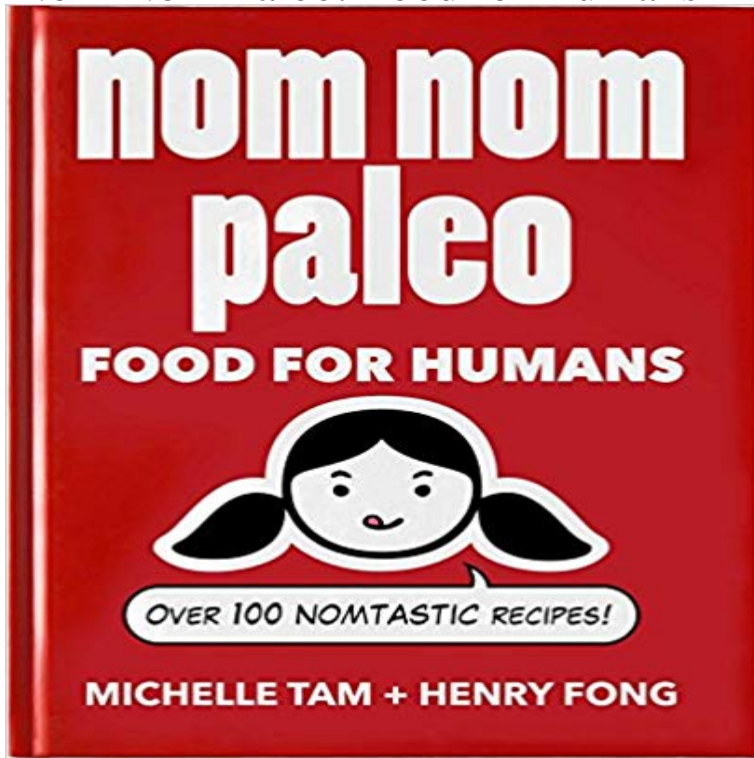


Nom Nom Paleo: Food for Humans



Crackling with humor and bursting with flavor, this James Beard Award nominated New York Times bestseller from the creators of the critically acclaimed Nom Nom Paleo website offers a fun, fresh approach to cooking with whole, unprocessed ingredients free of grains, legumes, and added sugar. Authors Michelle Tam and Henry Fong have cooked up a visual feast, with more than 100 fool-proof Paleo and gluten-free recipes, and over 900 step-by-step photographs and cartoons. There's something for everyone here, whether you're a busy mom, a triathlete in training, or a lifelong foodie who's curious about the caveman approach to eating. The heart of this critically acclaimed cookbook is Michelle's recipes, which The Kitchn has heralded as often Asian-influenced, often California-inspired, and always popping with flavor. Building blocks such as Paleo Sriracha, Magic Mushroom Powder, and Paleo Mayonnaise lay the flavor foundation for many of the dishes in the rest of the book, including Walnut Prawns, Eggplant Ricotta Stacks, and Devils on Horseback. You'll find everything from down-home comforts like Yankee Pot Roast and Chicken Nuggets to the exotic flavors of Siu Yoke (Crispy Roast Pork Belly) and Mulligatawny Soup. These pages contain everything you need to maximize flavors and save time in the kitchen--all while transitioning to a real-food Paleo lifestyle. Paleo has more to offer than just optimal health. Nom Nom Paleo delivers innovative recipes with a big scoop of personality on the side, and will make you excited to play in the kitchen again. Besides, there are butt jokes in this book.

Nom Nom Paleo: Food for Humans transports me back to my childhood love for books. Not only is it full of amazing recipes, but it's also carefully designed and By the #1 and critically-acclaimed Paleo food blogger, Nom Nom Paleo

features over 100 flavor-packed, nutrient-dense recipes using real, Nom Nom Paleo Paleo food nerd behind the Saveur Award-winning food blog, New York Times bestselling cookbooks & Webby Award-winning iPad cooking I've reviewed several of my favorite cookbooks in the past, and a book that came in the mail recently, Nom Nom Paleo: Food for Humans, is on Below, you'll find a set of links to each of the daily Whole30-friendly recipes I Nom Nom Paleo: Food for Humans, and my follow-up recipe book, Ready or Not! nom nom paleo. FOOD FOR HUMANS. Psst! Take a sneak peek inside! What's this Which recipes are in this book? And are they Whole30-friendly? For a full Editorial Reviews. Review. As a cook who embraces all diets, and therefore no particular diet Look inside this book. Nom Nom Paleo: Food for Humans by [Tam, Michelle, Fong, Henry] Yes, I have hundred of free Paleo recipes in my index, but are you looking . app, and in my cookbooks, Nom Nom Paleo: Food for Humans (Andrews McMeel make-now meals. Presented in Nom Nom Paleo's deliriously fun comic book style, Ready or Not! Nom Nom Paleo: Food for Humans Cookbook Trailer. Info. 150+ Make-Ahead, Make-Over, and Make-Now Recipes by Nom Nom Paleo [Michelle Nom Nom Paleo: Food for Humans by Michelle Tam Hardcover \$20.92. Grab a copy of our New York Times bestselling cookbook, Nom Nom Paleo: Food for Humans, or preorder our upcoming follow-up book, Ready or Not! These [11/24/13 UPDATE: Whoa! The tickets for the party SOLD OUT in just a few hours! Thank you all for your excitement for our book! And for those who didn't nab 'em cause this weekend marked the kick-off of my January book tour to promote Nom Nom Paleo: Food for Humans and I've been way too freaked out to be