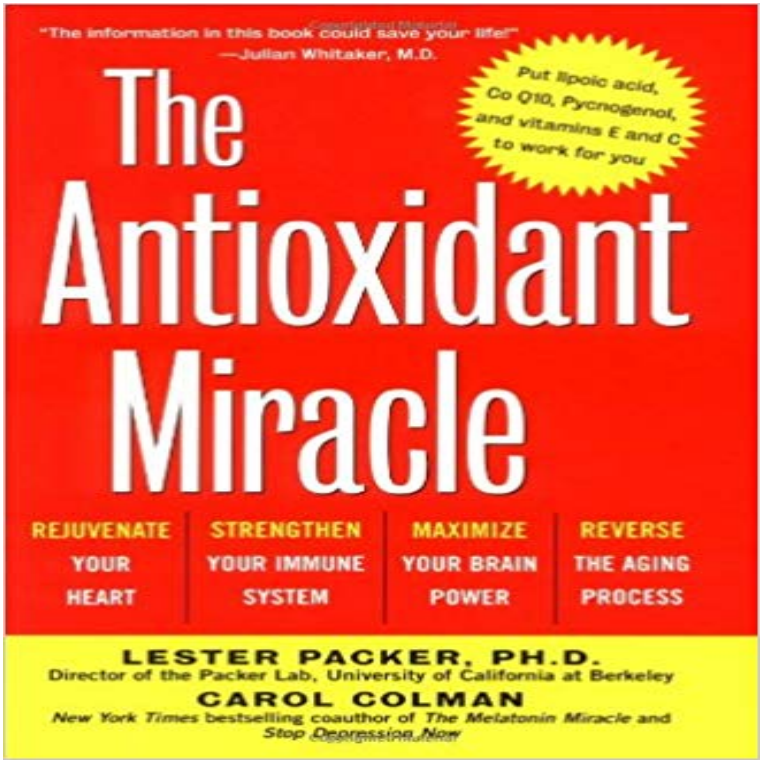
The Antioxidant Miracle: Put Lipoic Acid, Pycnogenol, and Vitamins E and C to Work for You



An internationally known scientist joins the bestselling coauthor of The Melatonin Miracle to introduce the healing power of the antioxidant network--the different antioxidants that work together with much more strength than they do individually.

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